Scott & White Health Plan: Federal Employee Health Benefits Basic Plan

Coverage for: Self Only, Self Plus One or Self and Family Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-881) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at http://fehb.swhp.org/open-enrollment, and view the Glossary at www.cciio.cms.gov. You can call 1-800-321-7947 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,500 / Self Only \$3,000 / Self Plus One \$3,000 / Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you have not yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000 / Self Only \$10,000 / Self Plus One \$10,000 / Self and Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Copayments on certain services, premiums, balance-billing charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See http://fehb.swhp.org/ or call 1-800-321-7947 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you visit a health	Primary care visit to treat an injury or illness	\$30 <u>copay</u> per visit	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then	
care provider's office	Specialist visit	\$50 <u>copay</u> per visit	Not Covered		
or clinic	Preventive care/screening/immunization	No Charge	Not Covered	check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	None	
•	Imaging (CT/PET scans, MRIs)	20% after <u>deductible</u>	Not Covered		
	Generic drugs	Retail: \$15 <u>copay</u> per 30 day supply Maintenance: \$30 <u>copay</u> per 90 day supply	Not Covered	Copays are per 30-day supply. Two copays apply for a 90-day supply if a maintenance drug is obtained through a Baylor Scott & White pharmacy OR when using the mail order prescription service.	
If you need drugs to treat your illness or condition More information about prescription drug	Preferred brand drugs	Retail: \$50 <u>copay</u> per 30 day supply Maintenance: \$100 <u>copay</u> per 90 day supply	Not Covered	Specific preventative medications will be covered with no cost to the member. Non-formulary: 50% coinsurance Failure to obtain preauthorization may result in the denial of coverage for this service. Please consult http://fehb.swhp.org or call 1-800-321-7947 to verify preauthorization	
coverage is available at http://fehb.swhp.org/open-enrollment	age is available at ehb.swhp.org/ope	Retail: \$100 copay per 30 day supply Maintenance: \$200 copay per 90 day supply.	Not Covered		
	Specialty drugs	25% coinsurance	Not Covered	requirements. Specialty drugs limited to 30-day supply.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% after <u>deductible</u>	Not Covered	None	
surgery	Physician/surgeon fees	20% after deductible	Not Covered		

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need immediate	Emergency room care	\$250 <u>copay</u> per visit, then 20% <u>coinsurance</u>	\$250 <u>copay</u> per visit, then 20% <u>coinsurance</u>	None
medical attention	Emergency medical transportation	20% after <u>deductible</u>	20% after <u>deductible</u>	
	<u>Urgent care</u>	\$75 <u>copay</u> per visit	\$75 <u>copay</u> per visit	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% after <u>deductible</u>	Not Covered	For prior authorization requirements and penalties see http://fehb.swhp.org/open-enrollment . Failure to obtain Prior Authorization will result in the lesser of \$500 or 50% reduction in benefits, or denial in the case of Health Care Services,
	Physician/surgeon fees	20% after <u>deductible</u>	Not Covered	other than Emergency Care, provided by an In-Network Provider.
If you need mental health, behavioral	Outpatient services	\$30 <u>copay</u> per visit	Not Covered	None
health, or substance abuse services	Inpatient services	20% after <u>deductible</u>	Not Covered	None
If you are pregnant	Office visits	\$50 <u>copay</u> per visit	Not Covered	No charge for prenatal visits; postnatal visits are covered at the specialist copay. Depending on the type of services, a copayment, coinsurance, or deductible may apply.
	Childbirth/delivery professional services	20% after <u>deductible</u>	Not Covered	None
	Childbirth/delivery facility services	20% after <u>deductible</u>	Not Covered	None
	Home health care	\$50 copay per visit	Not Covered	None
If you need help	Rehabilitation services	\$50 <u>copay</u> per visit	Not Covered	60 visit limit per year.
recovering or have	Habilitation services	\$50 <u>copay</u> per visit	Not Covered	60 visit limit per year.
other special health	Skilled nursing care	20% after <u>deductible</u>	Not Covered	25 visit limit per year.
needs	Durable medical equipment	30% after <u>deductible</u>	Not Covered	None
	Hospice services	No Charge	Not Covered	None

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If your shild poods	Children's eye exam	\$50 copay per exam	Not Covered	One exam limit per year.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
dental of eye cale	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Chiropractic Care
- Routine Dental Care

- Private Duty Nursing
- Long-term care

- Non-emergency care when traveling outside U.S.
- Personal Comfort Items

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Routine Eye Care (Adult)

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at [contact number] or visit www.opm.gov.insure/health. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact our Customer Service Department by writing to: Scott and White Health Plan Attn: Dispute Resolution Department 1206 West Campus Drive Temple, TX 76502 or calling (800) 321-794

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-321-7947.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-321-7947.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-321-7947.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-321-7947.

—To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.——

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Sample Care Costs

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Total Example Cost	\$12,731

In this example, Peg would pay:

Cost Sharing		
Deductibles	\$1,500	
Copayments	\$650	
Coinsurance	\$1,825	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$4,035	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Sample Care Costs

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,389
Total Example Cost	φ1,503

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$508	
Copayments	\$1,965	
Coinsurance	\$218	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$2,746	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
Specialist copayment	\$50
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Sample Care Costs

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,925

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$329
Copayments	\$350
Coinsurance	\$287
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$966

English:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-321-7947 (TTY: 1-800-735-2989). Scott & White Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish:

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-321-7947 (TTY: 1-800-735-2989). Scott & White Health Plan

& White Health Plan cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Vietnamese:

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800 321-7947 (TTY: 1-800-735-2989). Scott & White Health Plan tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

Chinese:

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-321-7947 (TTY:1-800-735-2989)。Scott & White Health Plan 遵守適用的聯邦民權法律規定,不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-321-7947 (TTY: 1-800-735-2989) 번으로 전화해 주십시오. Scott & White Health Plan 은(는) 관련 연방 공민권법을 준수하며 인종, 피부색, 출신 국가, 연령, 장애 또는 성별을 이유로 차별하지 않습니다.

Arabic:

ة طوحام: اذا تنكث دحتة ركذا اللغة، ن إفت امدخة دعاسما التيو غللا رفاوتة كالن اجملاب. ل صنا مقرب 1-7947-321-800 (مقر فتاه مصلاً مكبلاو: 1-899-735-800). مزتلد Scott & White Health Plan نيناوقبر قوقطا التيندما التيار دفا الومعما الهدلاو زيمير لي عام ساساً قرعا وأن والما وأ ل صداً الي نطولا وأن سلاواً اقفاع إلا وأسنجا. Urdu:

رادربخ: رگا پہ آودرا سے تلوبہ ہیں، و تہ ہا و کی نابز کے ددم کے سامدخہ سفم ںیم دبایتسہ ں یہ ۔ لاک ںیرکے . (800-735-2989) 1-800-321-7947 (TTY: 1-800-735-2989) میرکہ Scott & White Health Plan باقان قلطا ہے قافو میں ہشہ قوقد کے نیناوقہ کے لیمعۃ اترکہ ہے ہروا ہیہ کہ نسل، گنر ، قومیت، عمر، یہ روذہم ایہ سنجی کہ داینبر پہ زایتما ں یہذاتر کے میں ایک میں ای

Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-3217947 (TTY: 1-800-735-2989). Sumusunod ang Scott & White Health Plan sa mga naaangkop na Pederal na batas sa karapatang sibil at hindi nandidiskrimina batay sa lahi, kulay, bansang pinagmulan, edad, kapansanan o kasarian.

French:

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-321-7947 (ATS: 1-800-7352989). Scott & White Health Plan respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.

Hindi:

ध्यान दें: यिद आप िहंदी बोलते हैं तो आपके िलए मुफ्त में भाषा सहायता सेवाएंउपलब्ध हैं। 1-800-321-7947 (TTY: 1-800-735-2989) पर कॉल करें। Scott & White Health Plan लागू होनेयोग्य संघीय नागरक अधकार क़ानून का पालन करता हैऔर जाित, रंग, राष्ट्रीय मूल, आयु, िवकलांगता, या िलंग के आधार पर भेदभाव नहीं करता है।

Persian:

German:

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-321-7947 (TTY: 1-800-735-2989). Scott & White Health Plan erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.

Gujarati:

સાવધાન: જો તમે ઇંગલિશ બોલતા હો, ભાષા સહાય સેવાઓ, નિઃશુલ્ક, તમારા માટે ઉપલબ્ધ છે. 1-800-321-7947 પર કૉલ કરો (TTY: 1-800-735-2989). સ્કોટ એન્ડ વ્હાઇટ હેલ્થ પ્લાન લાગુ ફેડરલ નાગરિક અધિકાર કાયદાઓનું પાલન કરે છે અને જાતિ, રંગ, રાષ્ટ્રીય મૂળ, ઉંમર, અપંગતા, અથવા જાતિના આધારે ભેદભાવ નથી કરતા.

Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-321-7947 (телетайп: 1-800-735-2989). Scott & White Health Plan соблюдает применимое федеральное законодательство в области гражданских прав и не допускает дискриминации по признакам расы, цвета кожи, национальной принадлежности, возраста, инвалидности или пола.

Japanese:

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-321-7947 (TTY:1-800-735-2989)まで、お電話にてご連絡ください。Scott & White Health Plan は適用される連邦公民権法を遵守し、人種、肌の色、出身国、年齢、障害または性別に基づく差別をいたしません。

Laotian:

ໂປດຊາບ: ຖ້າວ່ າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍ ລິ ການຊ່ ວຍເຫຼື ອດ້ານພາສາ, ໂດຍບໍ່ ເສັ ງຄ່ າ, ແມ່ ນມີ ພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-321-7947 (TTY: 1-800-735-2989). Scott & White Health Plan ປະຕິ ບັດຕາມກົດໝາຍວ່ າດ້ວຍສິ ດທິ ພົນລະເມື່ ອງຂອງຣັຖບານກາງທີ່ ບັງຄັບໃຊ້ ແລະບໍ່ ຈຳແນກໂດຍອີ ງໃສ່ ພື້ ນຖານດ້ານເຊື້ອຊາດ, ີສຜິ ວ, ຊາດກຳເນີ ດ, ອາຍຸ , ຄວາມພິ ການ, ຫຼື ເພດ.