Scott and White Health Plan: Federal Employee Health Benefits Standard Plan Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI-73-881 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at fehb.swhp.org/open-enrollment, and view the Glossary at healthcare.gov/sbc-glossary. You can call 1-844-633-5325 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$300 / Self Only \$600 / Self Plus One \$600 / Self and Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Copayments and coinsurance amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the Plan allowance for the service/supply counts toward the <u>deductible</u> . [For family coverage, see instructions for additional applicable language.]
Are there services covered before you meet your deductible?	Yes. Preventive care and prescription drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,500 / Self Only \$11,000 / Self Plus One \$11,000 / Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. [For family coverage, see instructions for additional applicable language.]
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See fehb.swhp.org/ or call 1-844-633-5325 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.



This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u>.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> per visit	Not covered	None
If you visit a health	Specialist visit	\$50 <u>copayment</u> per visit	Not covered	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
	Diagnostic test (x-ray, blood work)	No charge	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	\$150 <u>copayment</u> per procedure after <u>deductible</u>	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>fehb.swhp.org/open-enrollment</u> or call 844-633-5325.
	ACA preventive drugs	No charge Deductible does not apply	Not covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at fehb.swhp.org/open-enrollment	Tier 1: Preferred generic drugs	\$10 copayment per prescription Deductible does not apply	Not covered	Copayments are per 30-day supply. Maintenance drugs are allowed up to a 90-day supply for 2.5 copayments if obtained through a Baylor Scott and White Pharmacy or participating pharmacy. Mail Order: Available
	Tier 2: Preferred brand name drugs	\$60 <u>copayment</u> per prescription <u>Deductible</u> does not apply	Not covered	for a 1- to 90-day supply. Non-maintenance drugs obtained through mail order are limited to a 30-day supply maximum. Some specialty drugs may require preauthorization. 30-day
	Tier 3: Non-preferred generic drugs and non-preferred brand name drugs	\$150 <u>copayment</u> per prescription <u>Deductible</u> does not apply	Not covered	supply only.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Tier 4: Specialty drugs	Tier 1: Preferred generic specialty: \$400 copayment per prescription Tier 2: Preferred brand specialty: \$400 copayment per prescription Tier 3: Non-preferred specialty: \$600 copayment per prescription Deductible does not apply	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 <u>copayment</u> per procedure after <u>deductible</u>	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>fehb.swhp.org/open-enrollment</u> or call 844-
	Physician/surgeon fees	No charge	Not covered	633-5325.
If you need immediate	Emergency room care	\$250 <u>copayment</u> per visit after <u>deductible</u>	\$250 <u>copayment</u> per visit after <u>deductible</u>	Emergency room <u>copayment</u> waived if episode results in <u>hospitalization</u> for the same condition within 24 hours.
medical attention	Emergency medical transportation	\$125 <u>copayment</u> per service after <u>deductible</u>	\$125 <u>copayment</u> per service after <u>deductible</u>	None
	<u>Urgent care</u>	\$50 <u>copayment</u> per visit	\$50 <u>copayment</u> per visit	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$300 <u>copayment</u> per day after <u>deductible</u>	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>fehb.swhp.org/open-enrollment</u> or call 844-
	Physician/surgeon fees	No charge	Not covered	633-5325.

	What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If you need mental health, behavioral	Outpatient services	\$25 <u>copayment</u> per visit	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to	
health, or substance abuse services	Inpatient services	\$300 <u>copayment</u> per day after <u>deductible</u>	Not covered	fehb.swhp.org/open-enrollment or call 844-633-5325.	
If you are made and	Office visits	\$50 <u>copayment</u> per visit	Not covered	Cost sharing does not apply for preventive care. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	\$300 <u>copayment</u> per day after <u>deductible</u>	Not covered	Inpatient care for the mother and newborn child in a health care facility is covered for a minimum of 48 hours following an	
	Childbirth/delivery facility services	\$300 <u>copayment</u> per day after <u>deductible</u>	Not covered	uncomplicated vaginal delivery and 96 hours following an uncomplicated delivery by caesarean section.	
	Home health care	\$50 <u>copayment</u> per visit	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>fehb.swhp.org/open-enrollment</u> or call 844-633-5325.	
	Rehabilitation services	\$50 copayment per visit	Not covered	Limited to 60 visits for rehabilitation services	
If you need help recovering or have other special health needs	Habilitation services	\$50 <u>copayment</u> per visit	Not covered	and 60 visits for habilitation services per plan year. Limit is combined for physical therapy, occupational therapy, speech therapy and chiropractic care. Limits may not apply for therapies for children with developmental delays, autism spectrum disorder and mental health services. Services requiring preauthorization that are not preauthorized will be denied. Refer to fehb.swhp.org/openenrollment or call 844-633-5325.	
	Skilled nursing care	\$300 <u>copayment</u> per day after <u>deductible</u>	Not covered	Limited to 25 days per <u>plan</u> year. Services requiring <u>preauthorization</u> that are not	

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
				preauthorized will be denied. Refer to fehb.swhp.org/open-enrollment or call 844-633-5325.	
	Durable medical equipment	30% of charges	Not covered	Services requiring preauthorization that are not	
	Hospice services	No charge	Not covered	preauthorized will be denied. Refer to fehb.swhp.org/open-enrollment or call 844-633-5325.	
If your child needs	Children's eye exam	\$50 copayment per visit	Not covered	Limited to one eye exam per plan year.	
dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Acupuncture

Private Duty Nursing

Non-emergency care when traveling outside U.S.

Routine Dental Care

Long-term care

Personal Comfort Items

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Routine Eye Care (Adult)
- Chiropractic Care (\$50 copayment per visit, 35 visit limit per year)

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact Scott and White Health Plan at 844-633-5325 or swhp.org or visit www.opm.gov.insure/health. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Scott and White Health Plan at 844-633-5325 or swhp.org; Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or doi.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa; Texas Department of Insurance at 1-800-578-4677 or totalcolor: blue disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Scott and White Health Plan at 844-633-5325 or swhp.org; Department of Insurance at 1-800-578-4677 or totalcolor: blue disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Scott and White Health Plan at 844-633-5325 or swhp.org; Department of Insurance at 1-800-578-4677 or totalcolor: blue disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Scott and White Health Plan at 844-633-5325 or swhp.org; Department of Insurance at 1-800-578-4677 or totalcolor: blue disputed claims process, and totalcolor: blue disputed claims process, and totalcol

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-633-5325.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$300
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	N/A

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$300	
<u>Copayments</u>	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$660	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$300
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	N/A

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$1,200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,220	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$300
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	N/A

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

ple Cost \$2,800
ριο σοσι ψε,

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$300
Copayments	\$800
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,200